

Our Father: A Contemplative Journey

with
Deborah Milmerstadt

Tuesday, November 17, 2026

10 am - 3 pm

\$60, lunch included

Experience the Our Father in the very language Jesus spoke.

Inspired by the work of Neil Douglas-Klotz, we'll explore the Our Father through Jesus' native Aramaic language, discovering deeper meanings within its familiar words.

Through reflection, silence, gentle movement, and prayer, we'll engage mind, body, and spirit, allowing the ancient words of The Lord's Prayer to come alive in a new way.

To Register: www.olgretreat.com 516-627-9255

Our Lady of Grace Spiritual Center

29 Shelter Rock Rd., Manhasset, NY 11030

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