

To Thine Own Self Be True

This is a Woman's Retreat for the
Twelve-Step Recovering Woman.

Presented by: Sheree K

Saturday, June 6th 2026
9:30am-3pm \$85 lunch included

Our journey continues, one honest
step at a time.

This woman's retreat for the Twelve Step
recovering woman invites you into a day of
reflection, renewal and spiritual alignment.

Through shared story, guided meditation and
restorative sound harmony, you will reconnect
with your own Experience, Strength, and Hope.



Our Lady of Grace Spiritual Center
29 Shelter Rock Road Manhasset, NY 11030

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