

OUR LADY OF GRACE SPIRITUAL CENTER

29 Shelter Rock Road Manhasset, NY 11030

A sponsored institution of the Congregation of the Sisters, Servants of the Immaculate Heart of Mary

Walk in the Spirit *with* *Maryanne Tuchem*

When we open our hearts to the movement of the Holy Spirit, something beautiful begins to take root within us.

September 17, October 23rd, November 17th

9:30am-12:30pm \$50 per person

Walk in the Spirit is a creative journey exploring the Fruits of the Spirit in three monthly gatherings.

You'll explore and experience cultivating the Fruits of the Spirit through scripture, contemplative prayer and meditation, journaling, simple art practices and music.

Each session will contain a balance of quiet reflection and an invitation for group sharing.

Whether you come to one or join all three - each session offers a meaningful retreat on its own.

Monthly Themes:

September: Love, Joy, Peace

October: Patience, Kindness, Goodness

November: Faithfulness, Gentleness, Self-Control

CALL (516) 627-9255 OR VISIT WWW.OLGRETREAT.COM TO REGISTER