

# Creating Joy & Purpose

with  
*Kathy Ryan*



Come discover what's next for you.

Saturday, April 11<sup>th</sup>

10am-3pm lunch included \$75

Take a day just for you - to pause and reconnect with what truly matters in this season of your life.

Inspired by the book, *Women Rowing North*, by Mary Pipher, this retreat is an invitation to rediscover joy, deepen your sense of purpose, and step forward with renewed clarity and confidence.

Through conversation, reflection, and renewal, you'll leave feeling lighter and more connected to yourself. Begin your new chapter, guided by joy, purpose and faith.

Our Lady of Grace Spiritual Center  
29 Shelter Rock Road Manhasset, NY 11030

A sponsored institution of the Congregation of the Sisters, Servants of the Immaculate Heart of Mary