



# Your Personal Day of Prayer & Reflection

**Monthly offering on Fridays**

**9:30am-2:30pm**

**January 16<sup>th</sup>, February 13<sup>th</sup>, March 20<sup>th</sup> 2026**

**Cost: Free will offering**

**Enjoy the peace and serenity at Our Lady of Grace Center.  
Step away from the demands of everyday life and enter a  
space of rest, quiet, and gentle renewal.**

**Reconnect with yourself by reading, journaling, praying in  
the chapel or simply just being.**

**Complimentary tea & coffee. Please register online.**

**Our Lady of Grace Spiritual Center  
29 Shelter Rock Road Manhasset, NY 11030**

**A sponsored institution of the Congregation of the Sisters, Servants of the Immaculate Heart of Mary**