

The Frog & Forgiveness

*leap into faith
&
freedom
with
Ann Schehr*

Saturday, November 22nd 2025

10am-4pm lunch included

In this hope-filled retreat, we'll explore three powerful acronyms for the word FROG and the inspiring lessons they hold for our spiritual journey.

When we are Fully Relying On God, we begin to see how Fear Restricts Our Growth and how embracing Forgiveness Reveals Our Greatness. Through reflection and discussion you'll discover how to release your fears and embrace healing that comes with forgiveness and strengthen your faith and reliance on God.

Cost \$75

To Register:

516.627.9255 www.olgretreat.com

Our Lady of Grace Spiritual Center
29 Shelter Rock Road Manhasset, NY 11030

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