

MOONLIGHT & GRACE

with

Paula Jennings

A NEW MOON CEREMONY

*Plant your dreams
in the power of the new moon*

WEDNESDAY, NOVEMBER 19TH

7:00PM-8:30PM

Step into the quiet energy of the new moon -a time to turn inward, plant intentions, and receive divine guidance.

You'll relax into an evening of ritual, reflection, and renewal.

Together, we will honor the sacred feminine, reconnect with our intuition, and gently set intentions for the new cycle ahead.

WHAT YOU'LL EXPERIENCE:

- Guided meditation + intention setting
- Gentle movement & breath work
- Sound healing journey
- Journaling & quiet reflection
- A collective blessing to anchor your dreams

Cost \$55

To Register:

www.olgretreat.com

516-627-9255

Our Lady of Grace Spiritual Center
29 Shelter Rock Road Manhasset, NY 11030

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