

# Contemplative Prayer Group

with

Deborah Milmerstadt

Thursday, May 7<sup>th</sup> & Thursday, May 28<sup>th</sup>

6:00pm-7:00pm

## Evening Centering Prayer

Join of for an evening of Centering Prayer,  
a quiet practice of letting go and resting in God.

Come as you are.

Leave in peace.

Suggested donation \$10

All are welcome regardless of ability to give

Our Lady of Grace Spiritual Center

29 Shelter Rock Road Manhasset, NY 11030

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