

Our Lady of Grace Center

29 Shelter Rock Road · Manhasset, New York · 11030 · Phone: 516.627.9255 · Fax: 516.365.9329 · www.olgretreat.com

A sponsored institution of the Congregation of the Sisters, Servants of the Immaculate Heart of Mary

Spiritual Practices

Come study a monthly spiritual practice common to many different religions and vital to a healthy spiritual life.



**Thursdays, 10am - Noon
in-person at OLG**

September 30: Speaking My Faith
October 28: Desire to Find God
November 18: Self Knowledge
December 9: Metanoia
January 20: Forgiveness

February 17: The Ways & Values of Jesus
March 10: Decisiveness
April 7: Action for Justice
May 19: Making Decisions
June 16: Our Journey Together

Presenter: Sister Ann Barbara DeSiano, IHM

Free Will Donation