



# *The Spirituality of Autumn*

*with  
Carol Mackey*

**Saturday, November 8<sup>th</sup> 2025**

**10am-3pm lunch included**

*find beauty in letting go*

Join us to reflect on the wisdom of autumn and find grace in  
life's changes and transitions.

Like the leaves, you too are invited to let go. You'll explore the  
wisdom of the season- embracing change, finding peace in  
transition, and discovering the beauty in letting go.

**Cost \$75 To Register: 516.627.9255    [www.olgretreat.com](http://www.olgretreat.com)**

**Our Lady of Grace Spiritual Center  
29 Shelter Rock Road Manhasset, NY 11030**

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